

## PERSONALIZED ASSESSMENT &amp; DEBRIEF

# Unlock Your Potential with the **DISC** Assessment

Gain deep behavioral clarity, master stakeholder communication, and accelerate your leadership impact.

## What is DISC?

DISC is the leading behavioral profiling framework mapping human communication into **four core behavioral styles** to identify natural strengths and blind spots.

**D****DOMINANCE**

Direct, results-driven, decisive, competitive & action-oriented.

**I****INFLUENCE**

Collaborative, outgoing, inspiring & focused on relationships.

**S****STEADINESS**

Patient, calm, supportive, dependable & values team trust.

**C****CONSCIENTIOUSNESS**

Analytical, precise, detail-focused & values accuracy and logic.

*"Self-awareness is the catalyst for elite leadership." DISC turns self-knowledge into deliberate impact.*

## How the Process Works

- 1 15-Minute Assessment:** Complete a quick, validated online questionnaire.
- 2 In-Depth Report:** Receive your detailed personalized profile.
- 3 1-on-1 Debrief:** Unpack strengths, stressors, and blind spots with your coach.
- 4 Tactical Action Plan:** Implement high-leverage habits immediately.

## Why DISC + Coaching Works

An assessment alone provides insights—**expert coaching creates lasting transformation**. Together, we translate your profile into executive success:

- ✓ **Adaptive Communication:** Learn to read stakeholders quickly and flex your style to influence peers, teams, and executives.
- ✓ **Elevated Executive Presence:** Eliminate behavioral friction, build rapport effortlessly, and project authentic authority.
- ✓ **Conflict Resolution & De-escalation:** Identify tension triggers across styles and resolve disagreements constructively.
- ✓ **Energy & Stress Management:** Recognize draining vs. energizing tasks to sustain peak focus and performance.
- ✓ **High-Performance Team Dynamics:** Delegate with clarity and foster high psychological safety across diverse teams.

## Ideal For Leaders Who Want To:

- Step into executive roles
- Improve influence across matrixed teams
- Lead complex digital/tech initiatives
- Build high-trust team cultures
- Communicate with clarity under pressure
- Sharpen emotional intelligence (EQ)

## Ready to Elevate Your Leadership?

Book your introductory discovery session to see how a DISC behavioral assessment and debrief will accelerate your career.

**Mentorist**

Executive Coaching &amp; Leadership

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